

**MIT TOTAL TRUST PERKS  
FEATURING  
SUN LIFE WELLNESS BENEFIT**



How to File for Your Wellness Benefit



## Perks That Pay

As an active MIT member (**medical only**), you are covered by Core Accident Insurance and Core Critical Illness Insurance through Sun Life—and each policy includes a Wellness Benefit that pays you for preventive care.

### How Much \$\$ Will I Receive?

- \$25 per policy, per **primary MIT member ONLY with Core coverage**
- \$100 per policy, per covered person, if you purchased **additional voluntary** coverage
- Benefits apply to you and any covered dependents
- Paid once per year, per covered individual, based on your coverage level

### What Is the Wellness Benefit?

The Wellness Benefit is designed to encourage routine preventive health screenings. If you complete an eligible screening, you can submit a claim and receive a cash payment.

### Covered Screenings Include (and many more):

There are nearly 30 eligible tests, including:

Blood tests for cholesterol  
Chest X-ray  
Electrocardiogram (EKG)  
Immunizations  
Pap smear

Breast ultrasound or mammogram  
Colonoscopy  
Echocardiogram (Echo)  
Interscholastic sports physicals  
PSA blood test for prostate cancer

## How do I submit a claim?



### Step 1: Preventive Screening

The covered person must complete an **eligible preventive health screening** to qualify for the Wellness Benefit.



### Step 2: Submit Your Claim - 2 Options

#### Option 1:

- Create a Sun Life account at [www.sunlife.com/account](http://www.sunlife.com/account). To register as a member, you will need your policy number: **POLICY #954430**. Log into your Sun Life account. Select **"Submit a Claim"**. Click on the **"Sun Life Wellness/Cancer Screening Claim Form,"** and follow the prompts to complete your submission.

OR

#### Option 2:

- Complete the **Sun Life Wellness/Cancer Screening Claim Form**. Click [here](#). Include **POLICY # 954430**, where applicable.
- **Email or Mail -**
  - **Email -** [SLFWorksiteclaims@yourbenefitexpert.com](mailto:SLFWorksiteclaims@yourbenefitexpert.com)
  - **Mail - Sun Life, PO Box 9757, Portland, ME 04104**



Check claim status via your email or your Sun Life Account. **You will receive separate payments for the Accident policy and the Critical Illness policy for \$25 or \$100 EACH, depending on your coverage.**

