Coverage Period: 01/01/2023 – 12/31/2023 Coverage for: Individual/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please contact MIT at 1-800-327-1021 or email at <a href="MITinfo@scmedical.org">MITinfo@scmedical.org</a>. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms, see the Glossary. You can view the Glossary at <a href="www.healthcare.gov/sbc-glossary/">www.healthcare.gov/sbc-glossary/</a> or call 1-800-327-1021 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-Network: \$3,000/employee; \$6,000/family Out-of-Network: \$5,000/employee; \$10,000/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Includes <u>preventive care</u> at an <u>in-network</u> <u>provider</u> .	This <u>plan</u> covers some items and services even if you haven't met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <u>www.healthcare.gov/coverage/preventive-care-benefits/</u> .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-Network: \$7,900/employee; \$15,800/family (Embedded individual out-of-pocket limit for members with dependent coverage: \$9,100) Out-of-Network: Unlimited Annual Maximum including Transplants: Unlimited	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges (unless balance-billing is prohibited), penalties for failure to obtain pre-authorization for services, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="http://printadirectory.rrd.com/?source=PAI">http://printadirectory.rrd.com/?source=PAI</a> Or call 1-800-327-1021 for a list of <a href="network">network</a> <a href="providers">providers</a> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plan's network. You will pay the most if you use an <u>out-of-network provider</u> (with the exception of certain ambulance services, emergency services, and non-emergency services furnished at a <u>network provider</u> facility) and you might receive a bill from a <u>provider</u> for the difference between the

Important Questions	Answers	Why This Matters:
		<u>provider</u> 's charge and what your <u>plan</u> pays ( <u>balance-billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without referral.

All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$30 <u>Copay</u> /visit <u>Deductible</u> does not apply	50% Coinsurance	None	
If you visit a health care provider's office or clinic	Specialist visit	\$60 <u>Copay</u> /visit <u>Deductible</u> does not apply	50% Coinsurance	None	
or chinic	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% Coinsurance	50% Coinsurance	None	
ii you liave a test	Imaging (CT/PET scans, MRIs)	30% Coinsurance	50% Coinsurance	None	
If you need drugs to	Generic drugs	\$12 (30 day), \$30 (90 day-mail), \$36 (90 day- retail)	Not Covered	Covers up to a 90 day supply as indicated	
treat your illness or condition  More information about prescription drug coverage is available at www.optumrx.com	Preferred brand drugs	\$80 (30 day), \$200 (90 day-mail), \$240 (90 day-retail)			
	Non-preferred brand drugs	\$200 (30 day), \$500 (90 day-mail), \$600 (90 day-retail)			
	Specialty drugs	\$250 <u>Copay</u>		Specialty limited to 30-day supply	

Common Medical		What You Will Pay		Limitations Evacations ? Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance	50% Coinsurance	There are <u>preauthorization</u> requirements for all in-patient admissions and certain out-patient	
If you have outpatient surgery	Physician/surgeon fees 30% Coinsurance 50% Coinsurance		50% <u>Coinsurance</u>	procedures. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 (waived for the first noncompliance event). Assistant surgeon allowable fee limited to 25% of primary surgeon's allowable fee.	
If you need immediate	Emergency room care	\$300 <u>Copay</u> & 30% <u>Coinsurance</u>	\$300 <u>Copay</u> & 30% <u>Coinsurance</u>	Copay waived if admitted to hospital from Emergency Room Care or if treated for an accidental injury or if referred to Emergency Room Care by Physician. Must meet Emergency criteria.	
medical attention	Emergency medical transportation	30% Coinsurance	Coinsurance	Must meet Emergency criteria.	
	Urgent care	\$30 <u>Copay</u>	50% Coinsurance	Copay applies where in-network visit is coded as office visit. Otherwise 20% coinsurance applies.	
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Coinsurance	50% Coinsurance	<u>Preauthorization</u> is required for all in-patient admissions. If you don't get <u>preauthorization</u> , benefits could be reduced by \$500 (waived for the first noncompliance event).	
	Physician/surgeon fees	30% Coinsurance	50% Coinsurance	None	
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office visit: \$30 Copay;  Deductible does not apply  Other outpatient services: 30%  Coinsurance	50% <u>Coinsurance</u>	None	
anuse sei vices	Inpatient services	30% Coinsurance	50% Coinsurance	Preauthorization is required for all in-patient admissions. If you don't get preauthorization, benefits could be reduced by \$500 (waived for the first noncompliance event).	

Common Medical		What You Will Pay		Limitations, Exceptions, & Other Important	
Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Office visits	\$30 Copay/visit	50% Coinsurance	None	
	Childbirth/delivery professional services	30% Coinsurance	50% Coinsurance	<u>Preauthorization</u> requirements apply. If you don't get <u>preauthorization</u> , benefits could be	
If you are pregnant	Childbirth/delivery facility services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	reduced by \$500 (waived for the first noncompliance event). Cost sharing does not apply for preventive services. Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).	
	Home health care	30% Coinsurance	50% Coinsurance	60 days/calendar year	
	Rehabilitation services	30% Coinsurance	50% Coinsurance	Combined 30 visits/calendar year for	
	Habilitation services	30% Coinsurance	50% <u>Coinsurance</u>	physical/occupational therapy. Preauthorization requirements apply. If you don't get preauthorization, benefits could be reduced by \$500 (waived for the first noncompliance event).	
If you need help recovering or have other special health needs	Skilled nursing care	30% Coinsurance	50% Coinsurance	60 days/calendar year. Preauthorization requirements apply. If you don't get preauthorization, benefits could be reduced by \$500 (waived for the first noncompliance event).	
	Durable medical equipment	30% Coinsurance	50% Coinsurance	Preauthorization requirements apply. If you don't get preauthorization, benefits could be reduced by \$500 (waived for the first noncompliance event).	
	Hospice services	0% Coinsurance	0% Coinsurance	180 days/lifetime	
If your child poods	Children's eye exam	Not Covered	Not Covered	Certain preventive services are covered	
If your child needs dental or eye care	Children's glasses	Not Covered	Not Covered	elsewhere in the SBC.	
actitut of cyc care	Children's dental check-up	Not Covered	Not Covered		

### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortions (except when the life of the mother is endangered or medical condition of fetus makes it incompatible with life)
- Egg or sperm donor (if not covered by MIT)
- Expenses covered by workers' compensation or occupational disease policy, resulting from war,
- Private Duty Nursing
- Reduction mammoplasty under age 16
  - Educational, occupational, recreational,

## Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Autism and Autism Spectrum Disorder
- Bariatric Surgery
- Blood or blood plasma (replaced by blood bank)
- Breast implant removal (if initially cosmetic, non-reconstructive) or reduction if under age 16
- Chiropractic Care
- Cosmetic Surgery
- Custodial care
- Dental care (Adult)
- Dependent Child Pregnancy
- Drug testing (court-ordered)

hostilities or military service, or illegal occupation/conduct

- Experimental/Investigational Services
- Gender change, sexual function restoration and sterilization reversal
- Genetic Testing
- Long-Term Care
- Non-Emergency Care when traveling outside the U.S.
- Nutritional counseling
- Over the Counter Vitamins/Supplements
- Prescription drugs purchased outside the U.S.

- rehabilitative therapy
- Relationship counseling
- Routine Eye Care (Adult)
- Routine Foot Care
- Routine hearing exams or treatment
- Services provided by a related person
- Surrogate parenting
- Treatment/tests as inpatient or in outpatient facility that could have been performed in less expensive setting
- Weight Loss Programs
- Weight reduction or obesity

### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Hearing Aids

• Infertility Treatments up to \$25,000/lifetime

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administrator at 1-866-444-EBSA (3272) or <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: MIT at 1-800-327-1021 or your employer's human resource department. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on <u>self-only coverage</u>.

## Peg is Having a Baby

(9 months of <u>in-network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
■ Other <u>coinsurance</u>	30%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

\$12,700
\$3,000
\$60
\$2,910
\$0
\$5,970

# **Managing Joe's Type 2 Diabetes**

(a year of routine <u>in-network</u> care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
■ Other <u>coinsurance</u>	30%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600
In this example, Joe would pay:	
Cost Sharing	
<u>Deductibles</u>	\$3,000
Copayments	\$30
Coinsurance	\$780
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$3,810

## **Mia's Simple Fracture**

(<u>in-network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
Other <u>coinsurance</u>	30%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800	
In this example, Mia would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.