

Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services
SCMA: South Carolina Medical Association Voluntary Employees' Beneficiary Association
Welfare Benefit Plan and Trust: Select Plus

Coverage Period: 01/01/2026 – 12/31/2026
Coverage for: Individual/Family | Plan Type: PPO



The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, please contact MIT at 803-798-6207 or email at MITinfo@scmedical.org. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms, see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary/ or call 803-798-6207 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	In-Network: \$3,500/employee; \$7,000/family Out-of-Network: \$6,500/employee; \$13,000/family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , the overall family deductible must be met before the plan begins to pay.
Are there services covered before you meet your deductible ?	Yes. Includes preventive care at an in-network provider .	This plan covers some items and services even if you haven't met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	In-Network: \$7,900/employee; \$15,800/family (Embedded individual out-of-pocket limit for members with dependent coverage: \$9,200) Out-of-Network: Unlimited Annual Maximum including Transplants: Unlimited	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit ?	Premiums , balance-billing charges (unless balance-billing is prohibited), penalties for failure to obtain pre-authorization for services, and health care this plan does not cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See https://shoppingforcare.sapphirethreesixtyfive.com Or call 803-798-6207 for a list of network providers .	This plan uses a provider network . You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider (with the exception of certain ambulance services, emergency services, and non-emergency services furnished at a network provider facility)

Important Questions	Answers	Why This Matters:
		and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance-billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No	You can see the specialist you choose without referral .

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$30 Copay /visit Deductible does not apply	50% Coinsurance	None
	Specialist visit	\$60 Copay /visit Deductible does not apply	50% Coinsurance	None
	Preventive care/screening /immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	30% Coinsurance	50% Coinsurance	None
	Imaging (CT/PET scans, MRIs)	30% Coinsurance	50% Coinsurance	None
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.express-scripts.com	Generic drugs	\$12 (30 day), \$30 (90 day-mail), \$36 (90 day-retail)	Not Covered	Covers up to a 90-day supply as indicated.
	Preferred brand drugs	\$80 (30 day), \$200 (90 day-mail), \$240 (90 day-retail)		
	Non-preferred brand drugs	\$200 (30 day), \$500 (90 day-mail), \$600 (90 day-retail)		

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
		day-retail)		
	Specialty drugs (except non-EHB non- Specialty drugs)	\$250 Copay		Specialty limited to 30-day supply
	Non-EHB Specialty drugs	Not Covered	Not Covered	100% coverage is available at no cost to you through SaveOnSP Program Participation. Please see your SPD and contact your Plan Administrator for more information regarding SaveOnSP Program.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% Coinsurance	50% Coinsurance	There are preauthorization requirements for all in-patient admissions and certain out-patient procedures. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event). Assistant surgeon allowable fee limited to 25% of primary surgeon's allowable fee.
	Physician/surgeon fees	30% Coinsurance	50% Coinsurance	
If you need immediate medical attention	Emergency room care	\$300 Copay & 30% Coinsurance	\$300 Copay & 30% Coinsurance	Copay waived if admitted to hospital from Emergency room care or if treated for an accidental injury or if referred to Emergency room care by Physician. Must meet Emergency criteria.
	Emergency medical transportation	30% Coinsurance	30% Coinsurance	Must meet Emergency criteria.
	Urgent care	\$30 Copay	50% Coinsurance	Copay applies where in-network visit is coded as office visit. Otherwise 20% coinsurance applies.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% Coinsurance	50% Coinsurance	Preauthorization is required for all in-patient admissions. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event).
	Physician/surgeon fees	30% Coinsurance	50% Coinsurance	Assistant surgeon allowable fee limited to 25% of primary surgeon's allowable fee.
If you need mental health, behavioral health, or substance	Outpatient services	Office visit: \$30 Copay ; Deductible does not apply	50% Coinsurance	None

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
abuse services		Other outpatient services: 30% Coinsurance		
	Inpatient services	30% Coinsurance	50% Coinsurance	Preauthorization is required for all in-patient admissions. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event).
If you are pregnant	Office visits	\$30 Copay /visit	50% Coinsurance	None
	Childbirth/delivery professional services	30% Coinsurance	50% Coinsurance	Preauthorization requirements apply. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event). Cost sharing does not apply for preventive services . Depending on the type of services, a coinsurance may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound).
	Childbirth/delivery facility services	30% Coinsurance	50% Coinsurance	
If you need help recovering or have other special health needs	Home health care	30% Coinsurance	50% Coinsurance	60 days/calendar year
	Rehabilitation services	30% Coinsurance	50% Coinsurance	Combined 30 visits/calendar year for physical/occupational therapy. Preauthorization requirements apply. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event).
	Habilitation services	30% Coinsurance	50% Coinsurance	
	Skilled nursing care	30% Coinsurance	50% Coinsurance	60 days/calendar year. Preauthorization requirements apply. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event).
	Durable medical equipment	30% Coinsurance	50% Coinsurance	Preauthorization requirements apply. If you don't get preauthorization , benefits could be reduced by \$500 (waived for the first noncompliance event).
	Hospice services	0% Coinsurance	0% Coinsurance	180 days/lifetime
If your child needs	Children's eye exam	Not Covered	Not Covered	Certain preventive services are covered

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
dental or eye care	Children's glasses	Not Covered	Not Covered	elsewhere in the SBC.
	Children's dental check-up	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)			
• Abortions (except when the life of the mother is endangered or medical condition of fetus makes it incompatible with life) • Acupuncture • Autism and Autism Spectrum Disorder • Bariatric Surgery • Blood or blood plasma (replaced by blood bank) • Breast implant removal (if initially cosmetic, non-reconstructive) or reduction if under age 16 • Chiropractic Care • Cosmetic Surgery • Custodial care • Dental care (Adult) • Dependent Child Pregnancy • Drug testing (court-ordered)	• Egg or sperm donor (if not covered by MIT) • Expenses covered by workers' compensation or occupational disease policy, resulting from war, hostilities or military service, or illegal occupation/conduct • Experimental/Investigational Services • Gender change, sexual function restoration and sterilization reversal • Genetic Testing • Long-Term Care • Non-Emergency Care when traveling outside the U.S. • Nutritional counseling • Over the Counter Vitamins/Supplements • Prescription drugs purchased outside the U.S.	• Private Duty Nursing • Reduction mammoplasty under age 16 • Educational, occupational, recreational, rehabilitative therapy • Relationship counseling • Routine Eye Care (Adult) • Routine Foot Care • Routine hearing exams or treatment • Services provided by a related person • Surrogate parenting • Treatment/tests as inpatient or in outpatient facility that could have been performed in less expensive setting • Weight Loss Programs • Weight reduction or obesity	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
• Hearing Aids	• Infertility Treatments up to \$25,000/lifetime		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administrator at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you, too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318- 2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information on how to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: MIT at 803-798-6207 or your employer's human resource department. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost-sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on [self-only coverage](#).

Peg is Having a Baby

(9 months of [in-network](#) pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$3,500
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

[Specialist](#) office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

Total Example Cost	\$12,700
In this example, Peg would pay:	
<i>Cost Sharing</i>	
Deductibles	\$3,500
Copayments	\$60
Coinsurance	\$2,760
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Peg would pay is	\$6,320

Managing Joe's Type 2 Diabetes

(a year of routine [in-network](#) care of a well-controlled condition)

■ The plan's overall deductible	\$3,500
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

Total Example Cost	\$5,600
In this example, Joe would pay:	
<i>Cost Sharing</i>	
Deductibles	\$3,500
Copayments	\$30
Coinsurance	\$630
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Joe would pay is	\$4,160

Mia's Simple Fracture

([in-network](#) emergency room visit and follow up care)

■ The plan's overall deductible	\$3,500
■ Specialist copay	\$60
■ Hospital (facility) coinsurance	30%
■ Other coinsurance	30%

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic test](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

Total Example Cost	\$2,800
In this example, Mia would pay:	
<i>Cost Sharing</i>	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.

For more information about limitations and exceptions, see the [plan](#) or policy document at <https://scmamit.com/forms-resources/>